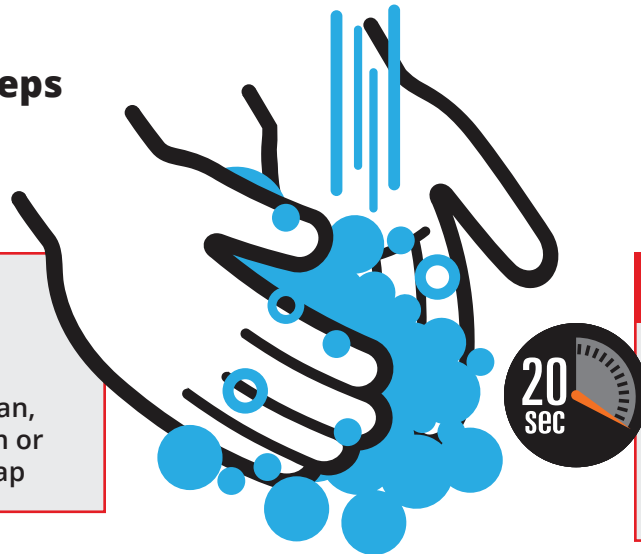


# CORONAVIRUS

## Don't Forget to WASH YOUR HANDS

Washing your hands is easy, and it is one of the most effective ways to prevent the spread of germs. Clean hands can stop germs from spreading from one person to another and throughout an entire community.

Follow these 5 steps  
every time:



1

### WET

your hands with clean, running water (warm or cold), and apply soap

2

### LATHER

your hands by rubbing them together with the soap - lather the back of your hands, between your fingers, & under your nails

3

### SCRUB

your hands for at least 20 seconds

4

### RINSE

your hands well under clean, running water

5

### DRY

your hands using a clean towel or air dry them

If soap and water not readily available you can use an alcohol-based hand sanitizer that contains at least 60% alcohol.

\*Source: The Centers for Disease Control and Prevention (CDC)

To learn more about how Jani-King can assist your facility with Coronavirus preparedness or response please visit our website at:

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